

Vegetarian Guide to the Las Vegas Strip

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Disclaimer: This list is completely subjective, and represents places where I have eaten during my many trips to Las Vegas over the years. I've included only eating places on the Las Vegas Strip, where there are no exclusively vegetarian restaurants. But one can have a nice culinary experience over a few days by trying out some of these.

South Strip

Border Grill inside *Mandalay Bay* (702) 632-7403

A few very original and delicious vegetarian items. The homemade chips and salsa are addictive. If possible, get a table outside that looks over the Mandalay Bay pool area. A magical setting.

Wichcraft inside the *MGM Grand* (hours 10:00 to 5:00)

This is part of a chain, but you can get some great sandwiches here during the day. I recommend the chopped chickpea, the goat cheese and avocado, and the leek frittata sandwiches.

Whole Foods

6689 Las Vegas Blvd. (702) 589-7711

Technically not on the Strip, but if you have a car, it's a quick drive straight down south past the Mandalay Bay complex. Famous for their hot and cold buffet which features many vegetarian items.

Burger Bar inside *Mandalay Place*

3930 Las Vegas Boulevard S. (702) 632-9364

Mandalay Place is located in the mall between Mandalay Bay & Luxor.

Very popular. You will need reservations if you want to get a table. Otherwise you can sit at the bar and order food. Great selection of beers. Their own homemade veggie burger and portobello burger are worth coming here for. Plenty of tasty and original toppings. A fun, sexy atmosphere.

Wolfgang Puck Bar and Grill inside the *MGM Grand* casino (702) 891-3000

Some nice pizza and pasta selections.

MidStrip

Hash House a Go Go inside *Imperial Palace* (702) 254-4646

Famous for their flamboyant, large portions. Popular for breakfast. Lunch & dinner items include a mushroom, artichoke and tomato hash and a risotto-stuffed butternut squash.

Olive's between *Caesar's Palace* and *Bellagio* (702) 693-8865

On the expensive side for dinner, but lunch here is affordable. A Todd English restaurant, it offers delicious pasta, pizza and sandwiches. If you sit outside, you get an incredible view of the Bellagio lake and the fountains.

Spice Market Buffet inside *Planet Hollywood* (702) 731-7778

If you want to try the Vegas buffet experience, this is the place to go. Both the quality of the food and the vegetarian choices make it worthwhile for any meal.

P.F. Chang's inside *Planet Hollywood* (702) 836-0955

Very popular. You may need to wait for a table or eat at the bar.

Spago inside the *Forum Shops at Caesars*
3500 Las Vegas Blvd. South 702-369-6300

Gourmet pizza and pasta dishes. Great for people watching.

Cheesecake Factory inside the *Forum Shops at Caesars*
3500 Las Vegas Blvd. South 702-792-6888

Can get crowded at times, so worth making a reservation. The big attraction is the Fall of Atlantis show (every hour on the hour) featuring talking statues right outside the restaurant.

North Strip and Convention Center

Meskerem Ethiopian Restaurant & Market

252 Convention Center Dr (702) 732-4250

One of my favourite places to eat. Tourists don't know about it, so it's never crowded. Frequented by locals and located in a small plaza right off the Strip. Delicious vegetarian injera dishes among others.

Canyon Ranch Grill inside the *Palazzo* (3rd floor—hours 7:00 am to 4:00 pm)
(877) 220-2688

Canyon Ranch Café

Inside the *Venetian* (at the spa—hours 7:00 am to 2:00 pm only)
(877) 220-2688

Both of these cafes feature healthy vegetarian options and a tranquil eating environment.

Fast Food

Chipotle

3475 South Las Vegas Blvd. (702) 836-0804
Just north of *Harrah's*

Subway

3785 South Las Vegas Blvd. (702) 932-5623
Just north of the *MGM Grand*

New York Pizzeria inside *New York New York* casino

Not a lot that's vegetarian, but they are open late into the night, and the pizza slices, calzones and stuffed pies are good.

Also of note

Bouchon Bakery at the *Venetian*

3355 Las Vegas Blvd. South

A kiosk in front of The Venetian Theater
(702) 414-6203
Open 6AM to 9PM Daily

Two kiosks inside The Venetian Clock Tower
(702) 414-4621 (Sports Book)
(702) 414-4622 (2nd Floor Bridge)
Open 8AM to 9PM Daily

Starbucks

There are two Starbucks within the Convention Center, and several at McCarran airport. In addition, the following casinos or resorts contain a Starbucks:

Mandalay Bay, Luxor, Tropicana, Excalibur, New York New York, MGM Grand, Monte Carlo, Aria, Planet Hollywood, Harrah's, Mirage, Treasure Island, Stratosphere.